

**Immediate Release**

---

**Contact:**

Hiran Ratnayake

(302) 327-3327

[hratnayake@christianacare.org](mailto:hratnayake@christianacare.org)**Christiana Care Health System Named One of 17 Everest Award Winners***Christiana Care Only Health System Selected in Philadelphia and Delaware*

(WILMINGTON, Del. – March 9) Christiana Care Health System has been named one of only 17 [Everest Award winners](#) and ranked as one of the [Top 100 Hospitals](#) in the nation in a study of nearly 3,000 U.S. hospitals by Truven Health Analytics, a health care research firm.

The prestigious Everest Award is given to a “special group” of the top 100 list that are setting national benchmarks for the fastest five-year rate of improvement in the country.

Among the 100 Top Hospitals, Christiana Care was one of only 15 major teaching hospitals selected for the honor and the only hospital health system to make the coveted list from both the entire Philadelphia region and Delaware.

“This honor is a very special recognition to every one of our staff – our physicians, nurses, all the people at Christiana Care, including our board and trustees and our patient and family advisors – who are committed to partnering with those we are privileged to serve,” said Janice Nevin, M.D., MPH, Christiana Care president and CEO. “This award is a reflection of our steadfast commitment to providing value-driven care that is affordable, high quality and innovative.”

The 100 Top Hospitals achieved excellence in 11 areas:

- patient safety
- patient satisfaction
- affordability
- post-discharge mortality for heart attack, heart failure and pneumonia
- post-discharge readmissions for heart attack, heart failure, pneumonia and hip and knee surgery
- mortality
- adherence to clinical standards of care
- medical complications
- average patient stay
- profitability
- Medicare spend per beneficiary

According to Truven Health, the 100 Top Hospitals is the most comprehensive, rigorous study of its kind, incorporating public data; proprietary, risk-adjusted and peer-reviewed methodologies;

and key performance metrics to arrive at an objective balanced scorecard measuring current performance and long-term improvement.

Researchers based the 100 Top Hospitals on public information – Medicare cost reports, Medicare Provider Analysis and Review (MedPAR) data, and core measures and patient satisfaction data from the Centers for Medicare and Medicaid Services (CMS) Hospital Compare website. Hospitals do not apply, and winners do not pay to market the honor.

Truven Health reports that 100 Top Hospitals outperform their peers by demonstrating excellence and operating effectively across all functional areas. Based on comparisons between the study winners and a peer group of similar high-volume hospitals that were not winners, they found that if all hospitals performed at the level of this year's winners:

- Nearly 126,500 additional lives could be saved
- Nearly 109,000 additional patients could be complication-free
- \$1.8 billion in inpatient costs could be saved
- The typical patient could be released from the hospital a half-day sooner
- Episode-of-illness expense would be 2 percent lower than the peer median

The analysis is based on Medicare patients. If the same standards were applied to all inpatients, the impact would be even greater.

Christiana Care was also named to the 100 Top Hospital list in 2013.

For more information on the 100 Top Hospitals ranking, see [100TopHospitals.com](http://100TopHospitals.com).

### **About Christiana Care Health System**

Christiana Care Health System is one of the country's largest health care systems, ranking as the 22nd leading hospital in the nation and 12th on the East Coast in terms of admissions. The health system includes The Christiana Care Medical Group, a network of primary care physicians, medical and surgical specialists as well as home health care, preventive medicine, rehabilitation services and patient/family advisors for core health care services. A not-for-profit teaching hospital affiliated with Sidney Kimmel Medical College at Thomas Jefferson University, Christiana Care is recognized as a regional center for excellence in cardiology, cancer and women's health services. Christiana Care has an extensive range of outpatient services, and through Christiana Care Quality Partners, Christiana Care works closely with its medical staff to achieve better health, better access to care and lower cost. Christiana Care is home to Delaware's only Level I trauma center, the highest capability center and the only one of its kind between Philadelphia and Baltimore. Christiana Care also features a Level III neonatal intensive care unit, the only delivering hospital in Delaware that offers the highest level of non-surgical care to the most critically ill newborns. Christiana Care includes two hospitals with 1,100 patient beds.

For more information about Christiana Care, visit [www.christianacare.org/howeare](http://www.christianacare.org/howeare).

####

