



For Immediate Release

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Magdy I. Boulos, M.D., Teresa Kitko, PA, receive national recognition

Wilmington, DE (July 16, 2004) – Magdy I. Boulos, M.D., Christiana Care’s chief of Surgical Spine Service and former chief of Neurosurgery and Teresa Kitko, PA, received the 2004 Physician-Physician Assistant Partnership Award from the American Academy of Physician Assistants (AAPA) May 31 at the organization’s annual conference in Las Vegas. The award honors a physician-physician assistant team “that exemplifies the unique relationship of trust, collegiality and mutual respect that is essential to the physician assistant profession,” according to AAPA. Kitko and Boulos received a crystal Paragon Award and a check for \$2,500. A contribution of \$2,500 was made in their names to the Alzheimer’s Foundation.

“I am both honored and thrilled to receive this prestigious award with Dr. Boulos,” says Kitko. “This award is testimony to the great working relationship we have developed.”

Boulos and Kitko have worked together for the past 17 years in neurosurgery, specializing in critical care, neuro-oncology and the spine. Kitko conducts patient evaluations and works with Boulos to determine the extent of surgery required. In the operative setting, she prepares patients for surgery and assists in the surgical procedure. The two work together to provide patients with post-operative and follow-up care.

“This award is a wonderful acknowledgment of the importance of a professional relationship of trust, mutual respect and team-work that allows us to provide a higher level of service to our neuro-logical patients,” says Boulos.

The physician-physician assistant team is involved in the Think First Trauma Prevention program and initiated the program in Delaware about 15 years ago by visiting local schools and speaking to adolescents to be safety conscious. To improve patient care, the team introduced Christiana Care to new advances and cutting-edge surgical techniques and monthly neuro-oncology conferences for members of the tumor board.

Christiana Care Health System, which traces its roots back to 1888, is one of the region's largest not-for profit health care providers, serving the people of Delaware as well as neighboring Maryland, Pennsylvania and New Jersey. A teaching hospital, Christiana Care is recognized as a regional center for excellence in cardiology, cancer and women's health services, as well as Level-I trauma care and Level-3 neonatal intensive care (both highest intensity). Christiana Care operates two hospitals, long-term and transitional care services and an extensive



range of outpatient and home health services. Christiana Care, a 2004 Distinguished Hospital for Clinical Excellence, provided more than \$37 million of charity care last year.